

Situational Awareness & Violence Prevention



OBJECTIVES

- Differentiate between tactical awareness mindsets
- Identify environmental safety hazards
- Recognize suspicious behavior prior to contact

SITUATIONAL **AWARENESS**



- 360 degree mindset
- Awareness of your surroundings
- 6th sense, intuition

BASELINE

- Awareness of our surroundings is our first and best line of defense.
- Control the controllable and don't worry about the uncontrollable.
- Pre-incident indicators.



TACTICAL MINDSETS

Conditions:

White

Yellow

Orange

Red

Awareness Color Code Chart

WHITE

The lowest level. You are "Switched Off" and unaware of what is going on around you and really not ready for anything. Reasons affecting why one may be in this condition may include; sleep, fatigue, stress, or impairment due to drugs/alcohol.

YELLOW

You are alert and aware but also calm and relaxed. You are alert to the surroundings (and environment) and to the people who occupy it and to their body language. You are alert, not paranoid. In this state it is difficult for someone to surprise you.

ORANGE

A heightened level of awareness. You sense that something is not right. This is the time to evaluate and to formulate a plan. Evasion and diffusion works best here before the next level.

RED

The fight is on! You are taking Decisive and Immediate action! Recognizing attack rituals and set-ups helps one to avoid this level.

MINDSET **CONDITION WHITE**

- Oblivious to surroundings
- The first time a person realizes they are in trouble, is when it is too late.
- Petty thieves and predators alike are very good at identifying those who are in Condition White.



MINDSET CONDITION YELLOW



- Relaxed state of general alertness, with no specific focal point.
- Head up and your eyes open. You are alert and aware of your surroundings.
- You are difficult to surprise, therefore you are difficult to harm.
- Like a conscious 360 degree radar sweep.

MINDSET **CONDITION ORANGE**

- Heightened state of awareness and very focused on a potential threat or a situation that you feel could become more serious.
- Mild to moderate “adrenaline dump” which will elevate heart rate and blood pressure, dilate your pupils with reduced fine motor skills.



MINDSET CONDITION RED



- “Fight or flight” mode and you are ready to do either
- The potential threat is now very real and needs to be addressed
- Warrior mindset
- Freeze mode

SAFETY SIGNALS: **SUSPICIOUS** **PEOPLE**



- Forced teaming
- Charm
- Too many details
- Typecasting
- Loan sharking
- Unsolicited Promise
- Discounting the word No

PREVENTION IS KEY

- Project confidence and social connections when interacting with strangers
- Never tell strangers or acquaintances more than they need to know
- Be unpredictable
- Frame of mind
- Intentional walking



PREVENTION IS KEY

- Your opponent has the home court advantage



- Don't assume things are as they seem



SITUATIONAL **S**

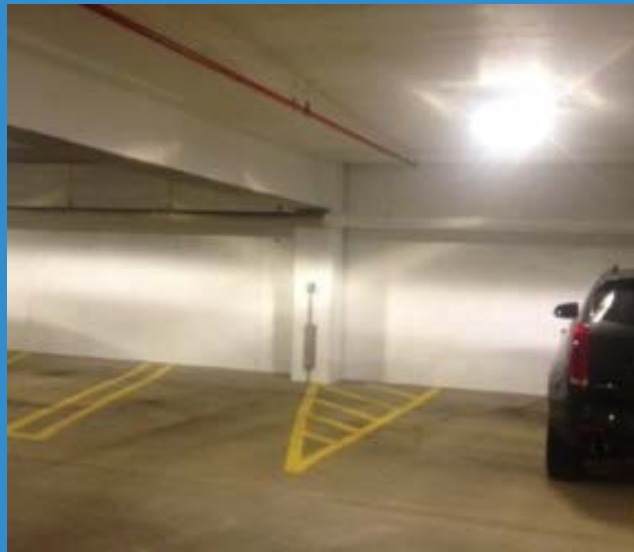


A - C - E



- Access
- Concealment
- Escape

CPTED





SUMMARY

- Tactical awareness mindsets reduce both risk and anxiety
- You can create a safer environment by identifying safety hazards
- Situational Awareness promotes confidence, a safer work environment and improved morale

Carefulness costs you nothing.

Carelessness may cost you much more.

THANK YOU!

QUESTIONS?

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