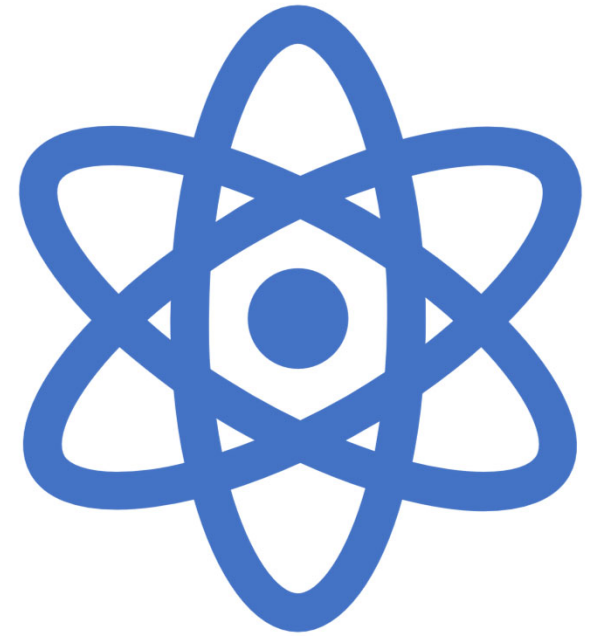

The Patient is 3rd ? !



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The Science of Connection

The Science of Relationship
with each other



Relationship Based Care

(based on 3 crucial relationships)

Your relationship with...

❖ Patients and families

❖ Self

❖ Colleagues



Relationship with the patient/family

Therapeutic relationships:

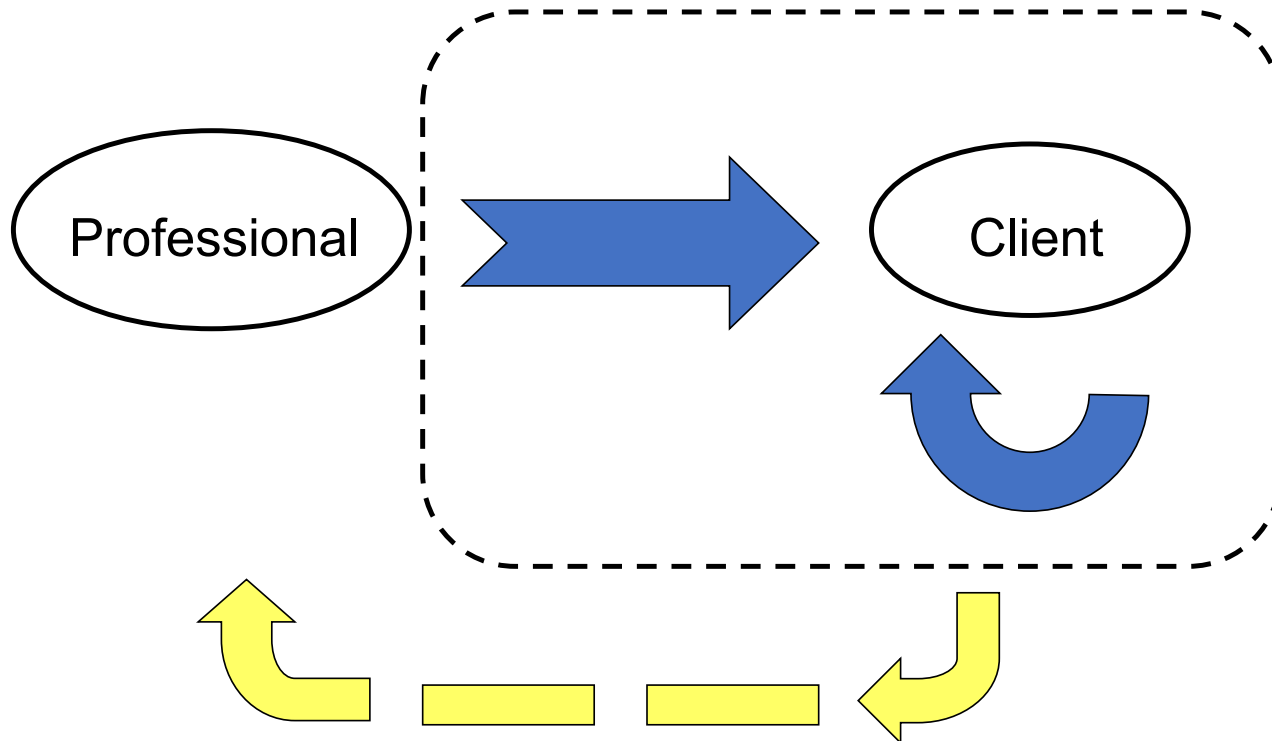
- The Caregiver (nurse or other) is the Professional
- This is not a 50/50 relationship.
The Professional always has more responsibility
- Assume the patient/family is under stress

Goal in a therapeutic relationship:

Help achieve the client health goals within designated boundaries.



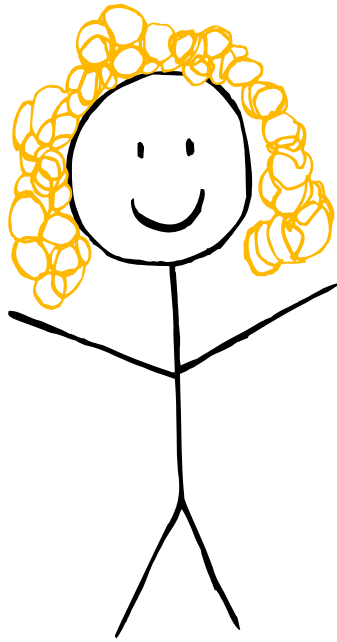
Addressing Needs



Relationship with Self

Clarity & Caring

- Understanding ourselves as professionals:
- Creating a process for self re-assurance and self-renewal
- Allowing time for rest and respite
- Self image and Self-esteem management



Taking
care of
yourself

Balance

Positive
Self Talk

Vacation

Rest

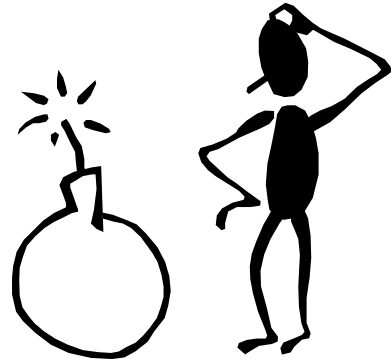
Crucial conversations

Relationship with Colleagues

What affects
collaboration..?

Attitudes
Communication
Healthy
Work
Environment
Power
Trust
Respect

Communication Stoppers

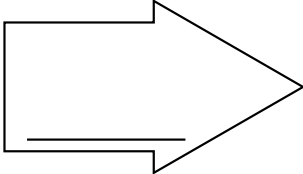


Negativity



Stifling
comments

Killer Phrases

Validate  Articulate

~~But~~

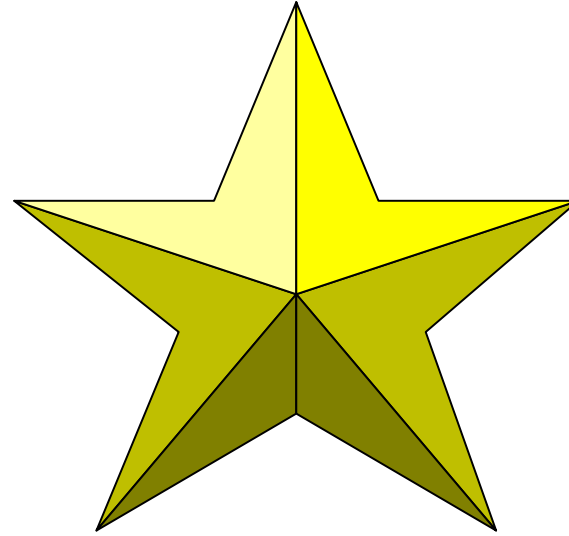
~~However~~

And ■



We all need to be
therapeutic for
each other

Celebrating
our
Moments of
Excellence



Turning negative energy to positive.
Putting the energy back into
yourself and your team.

Reference:

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