

AGENDA 21 INTERNSHIP PROGRAM ALUMNI SPOTLIGHT

TIA ALLEN



Tia Allen participated in the Agenda 21 Internship Program in 2016 at Jackson-Madison County General Hospital in West Tennessee. Under the mentorship of CEO James "J.R." Ross, she gained invaluable insights into healthcare leadership and the significance of community engagement. "J.R.'s approachable leadership style, community focus, and hands-on involvement left a lasting impact on me and shaped my aspirations as a leader," Allen reflected.

Currently, Allen is in her final year at Thurgood Marshall School of Law in Houston, Texas, preparing for the Uniform Bar Exam. Her passion for health law stems from both personal experiences and her internship, where she observed the importance of compliance, regulation, and patient advocacy.

“ *The Agenda 21 Internship Program opened my eyes to the complexity and importance of healthcare systems and inspired my commitment to making a difference through legal work.* **”**

One of the most valuable lessons she learned during the program was that great leaders are deeply connected to their communities and understand all aspects of their organizations. From observing surgeries to participating in board meetings, she saw how every role contributes to a hospital's success. "This perspective continues to guide my approach to leadership and advocacy today," she noted.

For future interns, Allen recommends fully embracing the experience with an open mind. "Be curious, take initiative, and immerse yourself in every opportunity. The Agenda 21 Internship Program profoundly shaped my career path and remains one of the most transformative experiences of my life," she emphasized.



For more information about the program, contact Program Manager Karizma Whitfield at kwhitfield@tha.com.